

NANTWICH PRIMARY ACADEMY and NURSERY

PRINCIPAL – SUE SPENCE

PSHCE Policy Statement



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1. INTENT

We recognise and value the importance of PSHCE and SRE in helping our children become the best versions of themselves – preparing them as citizens of the future, equipped to deal with the ever-changing wider world whilst maintaining positive emotional health.

As part of their Personal, Social, Health and Citizenship studies our pupils are prepared for the next stage in their journey and for adult life. Through our whole school approach to PSHCE we ensure that the subject is given the importance it deserves and that it is valued by all pupils and staff.

Through PSHCE, though not exclusively, we consider our pupils' cultural capital needs and explore and exploit these where appropriate. There is high importance placed on mental wellbeing and emotional health and this underpins all of the work we do at Nantwich Primary Academy and Nursery.

2. IMPLEMENTATION

PSHCE consists of many elements: health and wellbeing: both mental and physical, relationships: understanding ourselves and others around us and living in the wider world: building a respect and understanding of those around us.

By its nature, PSHCE involves much discussion and collaboration. The use of 'Circle Time' and 'Votes for Schools' sessions, where children agree a set of rules for their discussions, is a core concept in the majority of lessons where children speak confidently about their views, ideas and opinions.

Developing responsible citizens is also interwoven within other curriculum areas. For example, when children are taken on a trip, they are to be encouraged to show respect for all members of the public and visit leaders listening and showing appreciation for their time, understanding and respecting Rules and Laws. Cross-curricular links are made where appropriate, such as in PE: discussions about healthy lifestyles; computing: applying knowledge of keeping ourselves safe online and RE: developing an understanding and respect for all religious beliefs.

In conjunction with RE, PSHCE makes a significant contribution to pupils' spiritual, moral, social and cultural (SMSC) development, their behaviour and safety and to their emotional wellbeing. It contributes to personal development by helping pupils to build their confidence, resilience and self-esteem, and to identify and manage risk; make informed choices and understand what influences their decisions. It enables children to recognise, accept and shape their identities; to understand and accommodate difference and change; to manage emotions and to communicate constructively in a variety of settings. Children grow an understanding of themselves, learning how to empathise and work with others. This helps pupils to form and maintain good relationships, develop essential skills for future employability, enabling them to enjoy and manage their lives successfully.

7Rs

NPA's core values centre around our 7Rs, 'Learning Powers' developed throughout our pupils' journey through our academy. These values: Respect, Responsibility, Resilience, Reciprocity, Resourcefulness, Risk Taking and Reflectiveness embed learning behaviours and values central to being a well rounded citizen.

BRITISH VALUES

British Values are integrated throughout our PSHCE curriculum and are embedded into the ethos of our school. We cover our British Values through weekly worship, weekly news assemblies, stories and during PSHCE lessons. For further information on how British Values are linked to all aspects of our school curriculum, please see the separate document on our school website under the PSHCE and British Values pages.

NO OUTSIDERS

An important aspect of our PSHCE work and wider school life, is fostering an understanding of 'No Outsiders'. This programme uses pictures, news articles and picture books to open our pupil's eyes to diverse cultures, relationships, people and aspects of life in Modern Britain. 'No Outsiders' lessons are taught half termly and followed up with weekly Key Stage assemblies which are stimulated by 'No Outsiders' resources. Further details of key 'No Outsiders' texts can be found on our website.

3. IMPACT

We firmly believe that a meaningful PSHCE curriculum is the key to children becoming confident, tolerant and well-rounded adults. Children can approach a range of real-life situations and apply their skills and understanding to help navigate themselves through modern life.

From exposure to a range of local, national and global issues and problems, children can build up tolerance and a sense of responsibility of being a global citizen. From engagement with a variety of texts, children can understand the different lifestyles that people may live and be respectful and tolerant towards those leading different lives to themselves.

We ensure the children:

- Will achieve their academic potential, and leave school equipped with skills they will need throughout later life.
- Will grow in their self-knowledge, self-esteem, self-confidence and independence.
- Will distinguish right from wrong and respect British Values.
- Learn how to be safe and healthy both physically and mentally.
- Will take responsibility for their behaviour, show initiative and understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely.

Our PSHCE work is celebrated not just in lessons, but in wider school life. Through weekly Votes for Schools and News sessions pupils learn about current issues; pupil leadership is given a high priority with leadership groups running including 'Sports Leaders' and the '**Pupil Leadership Team**' who work on improving whole school issues.

4. CULTURAL CAPITAL

Cultural Capital is the growth and development of knowledge, behaviours, skills and attitudes that lead a child to becoming a competent and confident member of society.

Cultural Capital is about empowerment, enabling social mobility for all children, no matter what their start point.

At NPA, we look to the future and ask ourselves what we can do to equip our children to succeed in life. We gradually widen children's experiences as they progress through the school. We provide a rich, broad and engaging curriculum, which takes into account the needs of the individual, but always has an eye on the end goal of a well-rounded, healthy, confident and responsible citizen.

5. AMBITIOUS CURRICULUM

At our primary school, our PSHCE curriculum is designed to help children become well-rounded, responsible, and confident citizens, prepared for adult life and the challenges of the wider world. We focus on mental wellbeing, emotional health, and fostering cultural capital. Our curriculum covers health and wellbeing, relationships, and living in the wider world through discussions, collaboration, and cross-curricular links. We integrate British Values and 'No Outsiders' to promote diversity, tolerance, and respect. Our PSHCE curriculum aims to develop self-esteem, self-knowledge, and the ability to distinguish right from wrong, while empowering children with the skills and attitudes necessary for social mobility, academic success, and overall personal growth.

APPENDIX ONE - PROGRESSION MAP